

Firstly, and most importantly, we hope all is well with you and your families and you've managed to make get back to some form of normality.

We have been working hard to implement changes to our courses to allow us to operate safely as per government guidelines and FA recommendations. We are super excited to be coming back, albeit in a slightly different 'New Normal'.

I can assure you, everyone's health, wellbeing and safety are our highest priority and we respect not all players may feel ready, however, for those who do, we feel we can create something hugely beneficial for a range of players of all ages and abilities, crucial for their physical and mental well-being.

We can assure you the above we can confidentially deliver at no expense to the player's technical development, engagement and fun of the sessions that we will be delivering.

Along with our Risk Assessment, please find below some further information which we hope make things a little clearer for you. We would also ask these can be discussed with players and any questions you have, please do not hesitate to contact me and I'll be more than happy to hopefully put your mind at ease and answer any questions you or your son/daughter may have.

Bookings are now OPEN!

Our sessions will be capped. We would advise you to book your sessions as soon as you know which dates you require in order to avoid disappointment.

We would encourage you only to book, with the following in mind:

Firstly, and obviously, our course will not quite run exactly how you may be used to it operating. In short, to best reduce the opportunity of contact and abide by the restrictions which are still in place, here are some changes we've had to implement:

- Bookings are available to purchase as 3 days per week. In view of the current climate and not mixing within bubbles, we are unable to accept bookings for single days.
- Daily session times will be reduced (However we will be running for two consecutive weeks)
- No Lunch times. Split day ensures no time spent having lunch/need to be indoors for lunch/poor weather
- Sessions will be more Technical focused with a view to get players back up to speed for the start of their new season.
- Increase in staff to ensure quality of session content and player coaching is not compromised whilst still ensuring Safety of all involved is the highest priority. Ratio of no more than 1:15 despite guidelines of 1:30.

Course Setup/Schedule:

Our course will operate in a 'Covid Secure' way with hygiene and cleaning routines incorporated into our footballing schedule between activities and maintaining consistent staff, groups and social distancing where possible.

Our standard day will run as per below:

- AGES 5-8:
 - o 8:45am - 9:15am Registration/Drop Off
 - o 11:30am - 12pm Sign Out/Pick Up

- AGES 9+
 - o 12:30pm - 1pm Registration/Drop Off
 - o 3pm - 3:30pm Sign Out/Pick Up

Day Topics (each day to finish with Small Sided Games) –

- o Day 1 – Ball Familiarity/Mastery, Receiving & Turning
- o Day 2 – Goal Scoring/Phases of Play/Attacking Moves
- o Day 3 – 1v1's, Game Related Practices

A typical Day:

- Brief Individual Introduction & Arrival Activity
- Safety Briefing for all participants
- Groupings
- Warm Up
- Activity 1
- Snack
- Main Topic
- Game Related Practices
- Debrief and Dismissal

Children are to be grouped into 'bubbles' and despite the new guidelines which allow 'bubbles' with a ratio of 1:30 (coach/participant), we will be allocating one coach per 15 players to ensure a the quality of coaching and guidelines are adhered to as best as we possibly can.

There will be no movement between bubbles once the safety briefing has been completed and groups have been allocated.

We are unable to guarantee that friends or siblings will be in the same bubble, but if they are similar in age, it is fairly likely they will be.

What does my child need to bring?

We will be outside for the entirety of the session and we require children to bring the following items all of which to be within a bag with the child's name clearly visible:

- Hand Sanitizer
- Snack(s)
- Drinks bottle
- Comfortable Footwear (those unable to tie laces, please only wear trainers)
- Clothing suitable to the weather (rain coat, sun hat, sun cream etc)

Our coaches will actively encourage and allow plenty of opportunity for all participants to apply sanitizer throughout their stay. It is the responsibility of the participant to follow these requests and not that of Kick Off Coaching staff.

What if a child is showing symptoms?

On arrival, if a child presents symptoms, they will be refused entrance to our course. If a child presents symptoms in the day, they will be withdrawn and isolated and we would ask them to be collected by their parent. It is then the parent's responsibility to get the child tested through the NHS Track and Trace system and notify KickOff Coaching of a positive or negative result.

If you get a negative result, but your child is still showing symptoms, they must remain home. If they are not showing symptoms, then you may return with proof of a negative result. If a positive result, you must notify KickOff Coaching immediately.

Please note, if a bubble has to self-isolate for 14 days, due to a confirmed case from someone attending our course, we will not be able to provide any refund.

What will happen at Sign In and Sign out?


Our designated drop off and pick up procedure has now changed. We ask all parents park in the Main School Car Park and where possible, leave a space between other vehicles. This will help ensure contact with other users of the school are kept to a minimum.

Main School Entrance:



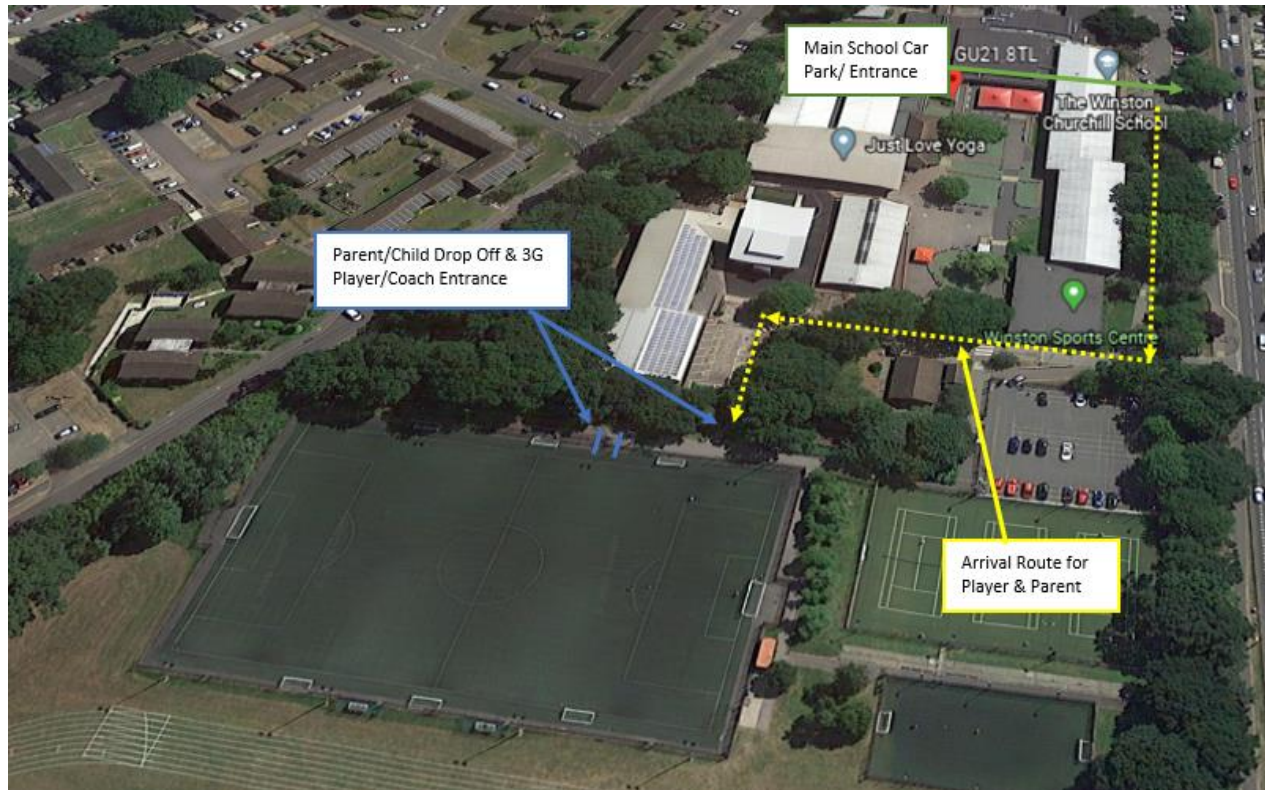
Please do not enter the school building, instead a coach will greet you on arrival and direct you towards the main school 3G/Field area for signing in.

Drop Off/Signing In:

As you enter the Main School Car Park you will be greeted by one of our coaches. They will direct you to the 3G/Parent/Player Drop Off Point using the  route.

Once here, please ensure all players and parents queue using the ramp just outside the main 3G Entrance as highlighted by the .

Please adhere to social distancing when queuing. Once your child has reached the signing in area and you have completed a consent slip, then you are able to leave your child following the route as illustrated below under the 'Pick Up/Signing Out' heading.



Pick Up/Signing Out:

On arrival to the Parent Collection Point, please queue using the ramp whilst adhering to social distancing. Once you are at the front of the queue, please inform the coach of the child you are collecting, and they will call them to you.

→ Exit Route from 3G to Main School Car Park

